



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W Under 20 : 9 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	7	7	163	Elise Gruber	Bilbys	49:29		7:23	13	2	26:21	5	1	15:45	12	4
2	11	11	164	Kate Griffiths	Bilbys	49:51	0:22	7:45	19	3	26:39	7	2	15:27	11	3
3	16	16	167	Mel Simpson		51:56	2:27	7:20	11	1	29:21	34	3	15:15	10	2
4	27	27	161	Cathy Featherston	FIT	55:05	5:36	8:09	23	4	32:07	82	6	14:49	5	1
5	29	29	166	Samantha Gavin	Bilbys	55:31	6:02	9:04	55	7	30:01	43	4	16:26	21	5
6	40	40	168	Simone Littlewood	Wagga Triants	57:14	7:45	8:26	35	6	30:43	62	5	18:05	49	7
7	47	47	170	Nicola Tomren	Bilbys	58:18	8:49	8:19	29	5	33:18	99	7	16:41	26	6
8	121	121	162	Simone Marchant	FIT	1:06:18	16:49	10:06	100	8	37:04	134	8	19:08	68	8
9	149	149	169	Claire Janiec		1:13:24	23:55	10:24	116	9	40:15	151	9	22:45	142	9



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 20-24 : 15 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	1	1	213	Judi Barton	Tridents	46:38		7:02	8	4	25:46	2	1	13:50	2	2
2	3	3	207	Michelle Wu	Tridents	47:47	1:09	6:56	5	2	26:40	8	2	14:11	4	3
3	4	4	214	Claire Fraser		48:03	1:25	6:58	6	3	27:16	17	3	13:49	1	1
4	21	21	208	Mae Tanner		54:33	7:55	8:52	48	9	29:03	27	5	16:38	23	4
5	23	23	206	Georgina Rogers		54:46	8:08	9:14	62	11	28:11	21	4	17:21	35	7
6	41	41	205	Jacinda Marie Matthews		57:20	10:42	9:30	69	12	29:15	31	6	18:35	57	11
7	42	42	210	Rebecca Dickson		57:32	10:54	8:40	41	8	30:43	62	9	18:09	51	9
8	43	43	201	Sarah Harrex	FIT	57:47	11:09	6:29	1	1	32:50	92	12	18:28	55	10
9	50	50	211	Lisa Wilkinson		58:34	11:56	10:13	105	13	30:24	53	8	17:57	46	8
10	76	76	204	Fiona Bradfield		1:00:44	14:06	8:20	31	7	29:27	36	7	22:57	145	15
11	80	80	203	Susan Beven		1:01:40	15:02	8:54	51	10	31:05	68	10	21:41	133	13
12	89	89	202	Amy Bainbridge		1:02:31	15:53	7:41	17	5	37:50	142	14	17:00	30	5
13	99	99	209	Karen Hill	Tridents	1:03:36	16:58	11:20	141	15	31:34	73	11	20:42	109	12
14	106	106	216	Bernadette Connors		1:04:34	17:56	10:16	110	14	37:03	133	13	17:15	33	6
15	145	145	212	Michelle Earle	Tridents	1:11:19	24:41	8:14	25	6	40:52	153	15	22:13	140	14



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 25-29 : 33 Athletes

Placings			Athlete			Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name	Club	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	12	12	266	Elizabeth Jane Currie		49:56		7:24	14	2	27:27	18	3	15:05	9	1
2	14	14	262	Jessica Barnes	Bilbys	51:31	1:35	7:01	7	1	27:04	13	1	17:26	37	5
3	18	18	281	Penny Burrell		52:52	2:56	9:31	71	12	27:10	16	2	16:11	19	4
4	22	22	264	Maria Radic	Bilbys	54:44	4:48	8:20	31	3	30:37	59	10	15:47	13	2
5	24	24	254	Jane Gordon	FIT	54:48	4:52	8:42	43	6	30:07	48	6	15:59	17	3
6	36	36	285	Jacque Walsh		56:32	6:36	9:51	84	17	29:11	28	4	17:30	38	6
7	52	52	276	Louise Mackin	Bilbys	58:35	8:39	8:56	53	9	32:01	77	12	17:38	41	7
8	54	54	278	Kate Miller		58:54	8:58	9:46	79	15	30:10	50	8	18:58	66	14
9	55	55	263	Robin Van Eck	Cronulla Tri Club	59:09	9:13	8:46	45	7	32:03	78	13	18:20	54	10
10	56	56	271	Amanda James	Vikings	59:12	9:16	10:44	123	24	30:09	49	7	18:19	52	9
11	60	60	272	Stephanie Lee	Vikings	59:17	9:21	8:27	36	4	30:02	44	5	20:48	111	20
12	65	65	267	Julia Easthope	Bilbys	1:00:02	10:06	9:49	82	16	31:16	69	11	18:57	65	13
13	72	72	258	Serena Hughes	FIT	1:00:20	10:24	9:25	66	11	30:26	55	9	20:29	103	17
14	73	73	261	Tania Broadley	FIT	1:00:29	10:33	9:33	72	13	32:04	79	14	18:52	62	12
15	84	84	277	Katri Tanni		1:01:59	12:03	8:53	50	8	32:15	83	15	20:51	113	21
16	92	92	268	Joanne Hamilton	Tridents	1:02:37	12:41	8:39	40	5	33:21	100	19	20:37	106	18
17	98	98	279	Jenny Burmeser		1:03:22	13:26	10:25	117	23	34:26	115	22	18:31	56	11
18	101	101	265	Olivia Howell		1:03:52	13:56	9:54	89	18	32:43	89	17	21:15	124	25
19	107	107	275	Nicky Thatcher	Bilbys	1:04:36	14:40	10:14	107	21	33:15	98	18	21:07	121	24
20	112	112	260	Robyn Rees	FIT	1:04:57	15:01	9:56	91	19	33:29	101	20	21:32	129	27
21	115	115	269	Megan Hinchley		1:05:34	15:38	12:40	153	32	35:16	118	24	17:38	41	7
22	118	118	257	Louise Oliver	FIT	1:06:01	16:05	10:16	110	22	35:07	117	23	20:38	107	19
23	131	131	283	Tamra Mcleod		1:08:41	18:45	11:49	148	29	32:40	87	16	24:12	153	31



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

24	132	132	284	Katherine Watson		1:08:47	18:51	11:09	134	26	37:23	138	25	20:15	97	15
25	134	134	274	Alisa Moss		1:08:53	18:57	11:07	131	25	37:29	139	26	20:17	100	16
26	137	137	270	Cathy Hurman	Vikings	1:10:06	20:10	11:53	150	30	33:34	103	21	24:39	157	32
27	141	141	282	Alice Best	Billbys	1:10:37	20:41	9:13	61	10	37:33	140	27	23:51	151	30
28	148	148	252	Louise Brightman	FIT	1:13:03	23:07	9:35	74	14	40:42	152	28	22:46	144	29
29	150	150	255	Zawadi Maw	FIT	1:13:41	23:45	11:44	146	28	40:59	154	29	20:58	115	22
30	151	151	259	Victoria Clark	FIT	1:14:16	24:20	11:18	139	27	41:20	157	31	21:38	132	28
31	153	153	256	Kannika Phomson	FIT	1:15:31	25:35	12:48	155	33	41:14	156	30	21:29	128	26
32	157	157	251	Rachel Ranton	FIT	1:17:58	28:02	9:59	95	20	46:54	162	33	21:05	120	23
33	161	161	280	Vania Juchniewicz	FIT	1:21:34	31:38	12:36	152	31	43:41	160	32	25:17	160	33



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 30-34 : 27 Athletes

Placings			Athlete			Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name	Club	Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	19	19	310	Isabella Juric	Tridents	53:35		8:48	47	8	27:30	19	1	17:17	34	3
2	30	30	325	Leonie Jansen		55:40	2:05	7:22	12	1	30:31	58	5	17:47	45	6
3	31	31	316	Alison Hale	FIT	55:43	2:08	8:19	29	4	28:13	22	2	19:11	70	9
4	35	35	318	Anne Napier	FIT	56:29	2:54	8:31	37	5	29:54	41	4	18:04	48	7
5	38	38	329	Nerida Gibb		56:45	3:10	9:23	65	14	30:38	60	6	16:44	28	1
6	48	48	311	Christine Palmer	Bilbys	58:24	4:49	9:04	55	10	29:11	28	3	20:09	95	16
7	61	61	308	Gillian Whiting	FIT	59:26	5:51	9:58	94	17	32:18	84	13	17:10	32	2
8	62	62	320	Lucy Hunter		59:51	6:16	9:06	58	11	33:01	94	16	17:44	43	5
9	69	69	319	Carolyn Young		1:00:08	6:33	9:10	59	12	31:16	69	8	19:42	84	14
10	73	73	304	Jane Atchison	FIT	1:00:29	6:54	10:48	126	21	32:05	80	12	17:36	40	4
11	78	78	314	Patrice Higgins		1:00:52	7:17	9:11	60	13	31:26	72	9	20:15	97	17
12	81	81	323	Alexandra Payne		1:01:46	8:11	10:22	115	20	32:00	76	11	19:24	77	11
13	84	84	312	Fiona Johnstone	Tridents	1:01:59	8:24	8:04	22	2	34:36	116	20	19:19	72	10
14	86	86	315	Natasha Moore	Bilbys	1:02:20	8:45	8:52	48	9	31:37	74	10	21:51	136	21
15	87	87	326	Wendy Thorne	Bilbys	1:02:26	8:51	10:04	99	18	32:53	93	15	19:29	78	12
16	88	88	328	Alicia Hogge	Bilbys	1:02:28	8:53	8:38	39	7	32:47	90	14	21:03	118	19
17	95	95	301	Bianca Prichard	FIT	1:03:08	9:33	11:09	134	23	33:07	95	17	18:52	62	8
18	96	96	324	Cassandra Steedman	Tridents	1:03:16	9:41	8:12	24	3	30:54	66	7	24:10	152	24
19	108	108	302	Kate Hunt	FIT	1:04:37	11:02	9:54	89	16	34:25	114	19	20:18	101	18
20	109	109	313	Alison East	Bilbys	1:04:43	11:08	9:35	74	15	35:25	121	22	19:43	85	15
21	119	119	303	Susan McMaster	FIT	1:06:06	12:31	8:34	38	6	35:31	123	23	22:01	139	22
22	120	120	317	Helen Irvine	Vikings	1:06:12	12:37	11:20	141	24	33:43	104	18	21:09	122	20
23	146	146	307	Mary Pritchard	FIT	1:11:58	18:23	17:05	164	26	35:21	119	21	19:32	79	13



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

2 4	147	147	305	Samantha Burt	FIT	1:12:45	19:10	11:32	145	25	38:28	144	24	22:45	142	23
2 5	162	162	327	Angela Beatty	Vikings	1:21:49	28:14	10:08	102	19	39:23	149	25	32:18	163	26
2 6	163	163	321	Nadia Kingman	FIT	1:25:16	31:41	11:07	131	22	47:21	163	26	26:48	162	25
DNF	DNF	DNF	322	Sheree Harrison	FIT	17:15		17:15	165	27						



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 35-39 : 30 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	5	5	375	Jane Zeller		48:38		7:37	16	2	26:58	12	2	14:03	3	1
2	13	13	383	Susan Kleven		50:11	1:33	7:41	17	3	26:41	10	1	15:49	14	3
3	15	15	370	Natasha Herron	FIT	51:53	3:15	8:47	46	6	27:07	14	3	15:59	17	4
4	17	17	362	Karen Burton	FIT	52:17	3:39	9:47	80	11	27:41	20	4	14:49	5	2
5	28	28	378	Sonja Dyason	Tridents	55:21	6:43	7:29	15	1	29:16	32	6	18:36	58	7
6	32	32	365	Kate Aisbitt		55:49	7:11	8:44	44	5	30:26	55	12	16:39	24	5
7	37	37	368	Linda Gainsford	Vikings	56:33	7:55	9:57	93	13	29:54	41	9	16:42	27	6
8	44	44	366	Krissi Brewster	FIT	57:54	9:16	9:19	64	8	29:26	35	7	19:09	69	8
9	49	49	364	Joanne O'Dwyer	Tridents	58:25	9:47	10:17	112	19	28:46	24	5	19:22	74	9
10	56	56	363	Cathy Noone	FIT	59:12	10:34	9:29	68	9	30:04	45	10	19:39	81	11
11	68	68	381	Ann Maree O'Callaghan	Tridents	1:00:07	11:29	9:52	88	12	30:24	53	11	19:51	90	15
12	79	79	382	Linda Powell		1:01:22	12:44	10:49	128	23	29:31	37	8	21:02	117	20
13	94	94	380	Sara Adler	FIT	1:02:57	14:19	9:45	78	10	33:12	96	15	20:00	92	16
14	100	100	369	Jacki Hagger		1:03:51	15:13	10:00	97	14	34:08	108	17	19:43	85	13
15	102	102	356	Juliette Ford	FIT	1:04:04	15:26	10:19	114	20	32:41	88	14	21:04	119	21
16	103	103	352	Lisa Wilson	FIT	1:04:05	15:27	11:18	139	26	32:06	81	13	20:41	108	18
17	114	114	377	Belinda Apps		1:05:29	16:51	8:22	33	4	36:10	127	22	20:57	114	19
18	116	116	371	Monica Lindemann		1:05:38	17:00	9:04	55	7	36:45	132	24	19:49	88	14
19	117	117	379	Julieanne O'Connor	Tridents	1:05:41	17:03	11:14	137	25	34:24	113	19	20:03	94	17
20	122	122	353	Cecilia Burke	FIT	1:06:22	17:44	13:12	157	27	33:30	102	16	19:40	82	12
21	127	127	360	Elizabeth Lowe	FIT	1:07:22	18:44	10:02	98	15	35:55	125	21	21:25	127	22
22	130	130	358	Donna O'Brien	FIT	1:08:39	20:01	10:15	108	18	39:01	147	28	19:23	75	10
23	132	132	357	Tamsin Cowap	FIT	1:08:47	20:09	10:10	103	16	34:10	109	18	24:27	154	27



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

24	136	136	373	Sonja Schmid		1:09:41	21:03	11:11	136	24	35:24	120	20	23:06	147	25
25	139	139	376	Karen Pegrum		1:10:17	21:39	10:26	118	21	38:18	143	26	21:33	131	23
26	140	140	351	Catherine Herron	FIT	1:10:24	21:46	10:33	120	22	37:15	136	25	22:36	141	24
27	143	143	372	Angela Rymer	FIT	1:10:53	22:15	10:13	105	17	36:11	128	23	24:29	155	28
28	155	155	374	Jenny Walton		1:16:35	27:57	13:43	159	28	39:04	148	29	23:48	150	26
29	156	156	359	Fiona May	FIT	1:17:32	28:54	14:24	160	29	38:32	145	27	24:36	156	29
30	164	164	354	Cherie Fields	FIT	1:58:29	1:09:51	16:07	163	30	57:02	164	30	45:20	164	30



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 40-44 : 18 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	2	2	418	Shelley Foster		47:38		8:16	27	3	24:30	1	1	14:52	8	1
2	20	20	412	Helen Kehoe		54:20	6:42	8:24	34	4	29:34	38	4	16:22	20	3
3	25	25	410	Michelle Greenwood	Bilbys	54:49	7:11	10:18	113	11	28:37	23	2	15:54	15	2
4	33	33	411	Louise Bartlett		55:59	8:21	8:14	25	2	28:52	26	3	18:53	64	7
5	53	53	419	Caroline Salisbury	Tridents	58:50	11:12	9:33	72	5	30:13	52	6	19:04	67	8
6	59	59	409	Anne Cronin	Bilbys	59:16	11:38	9:38	76	6	30:54	66	8	18:44	59	6
7	75	75	406	Helen Larmour	FIT	1:00:42	13:04	9:56	91	9	34:11	110	11	16:35	22	4
8	77	77	417	Beta Zadnik	FIT	1:00:47	13:09	9:42	77	7	30:06	47	5	20:59	116	13
9	91	91	407	Prue Bradford	FIT	1:02:35	14:57	12:45	154	18	30:29	57	7	19:21	73	9
10	104	104	420	Joanne Donnelly		1:04:06	16:28	10:47	125	13	32:30	86	9	20:49	112	12
11	105	105	414	Janette Parks	Vikings	1:04:20	16:42	11:26	144	15	35:30	122	13	17:24	36	5
12	110	110	413	Judy Lind	Tridents	1:04:50	17:12	11:53	150	17	32:47	90	10	20:10	96	10
13	125	125	404	Josephine Casey	FIT	1:06:43	19:05	10:55	129	14	34:16	112	12	21:32	129	15
14	126	126	401	Cathy Evans	FIT	1:07:11	19:33	10:40	121	12	36:09	126	14	20:22	102	11
15	128	128	415	Jenny Weir		1:08:03	20:25	7:17	9	1	39:24	150	17	21:22	126	14
16	129	129	402	Sue Rymer	FIT	1:08:13	20:35	9:59	95	10	36:20	129	15	21:54	137	16
17	138	138	403	Mandy Hardy	FIT	1:10:07	22:29	9:51	84	8	37:13	135	16	23:03	146	17
18	158	158	408	Gillian Mitchell	FIT	1:18:24	30:46	11:50	149	16	41:26	158	18	25:08	158	18



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 45-49 : 8 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	45	45	454	Sandy Waters	FIT	58:05		10:40	121	5	29:20	33	1	18:05	49	2
2	50	50	456	Jean Douglass		58:34	0:29	10:06	100	4	29:38	39	2	18:50	61	3
3	56	56	457	Peggy Douglass		59:12	1:07	9:49	82	2	30:10	50	3	19:13	71	4
4	82	82	458	Cherryl Fox	Wagga Triants	1:01:50	3:45	9:01	54	1	33:14	97	4	19:35	80	5
5	111	111	451	Jenny Firman	Bilbys	1:04:51	6:46	9:51	84	3	37:15	136	7	17:45	44	1
6	123	123	453	Jane Smith	FIT	1:06:30	8:25	11:07	131	7	34:14	111	5	21:09	122	7
7	141	141	455	Judy Cotterell	Vikings	1:10:37	12:32	11:04	130	6	36:20	129	6	23:13	149	8
8	152	152	452	Ann Dawson		1:15:11	17:06	13:30	158	8	41:12	155	8	20:29	103	6



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 50-54 : 6 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	70	70	504	Bec Brown	Tridents	1:00:10		9:25	66	1	30:44	64	1	20:01	93	3
2	92	92	506	Robyn McClelland	FIT	1:02:37	2:27	11:25	143	5	31:21	71	2	19:51	90	2
3	113	113	502	Ruth Bausmann		1:05:23	5:13	11:48	147	6	33:54	106	3	19:41	83	1
4	124	124	503	Robyn Booth		1:06:40	6:30	10:15	108	3	35:52	124	4	20:33	105	4
5	144	144	505	Parissa Poulis	Bilbys	1:10:58	10:48	11:15	138	4	37:46	141	5	21:57	138	5
6	159	159	501	Sue Richards	FIT	1:19:56	19:46	9:47	80	2	44:26	161	6	25:43	161	6



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W 55-59 : 5 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	10	10	552	Lindy Dunn	FIT	49:48		8:17	28	1	26:42	11	1	14:49	5	1
2	71	71	553	Rae Palmer		1:00:13	10:25	12:57	156	3	29:14	30	2	18:02	47	2
3	135	135	551	Aileen Boswell	FIT	1:09:25	19:37	8:55	52	2	38:49	146	4	21:41	133	3
4	154	154	555	Phyl Crawford	FIT	1:16:22	26:34	14:36	161	4	36:32	131	3	25:14	159	5
5	160	160	554	Gwen Davis-Goff	FIT	1:20:42	30:54	16:00	162	5	42:52	159	5	21:50	135	4



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W Team U100 : 4 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	6	6	929	Annette/Naomi The Dickson Chicks		49:21		6:33	2	1	26:09	4	1	16:39	24	2
2	8	8	928	Patricia/Danielle/Tara 3 Degrees Below	Tridents	49:33	0:12	6:55	4	2	26:40	8	3	15:58	16	1
3	26	26	926	Penny/Sam/Joann The Super Backflips		54:59	5:38	9:14	62	3	26:22	6	2	19:23	75	3
4	65	65	927	Ali/Annabell/Evie Dunn/Pearson/Cuthbertson		1:00:02	10:41	9:30	69	4	30:46	65	4	19:46	87	4



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Long Course : W Team 100+ : 10 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	9	9	957	Jennifer/Kay/Bronwyn Dixon Afflixon	Bilbys	49:43		6:36	3	1	26:03	3	1	17:04	31	2
2	34	34	955	Kylie/Jenny/Brenda Fitzsimmons		56:07	6:24	7:17	9	2	30:04	45	5	18:46	60	5
3	39	39	953	Oneeka/Sally/Karen Onsaka		57:08	7:25	7:51	20	3	32:29	85	8	16:48	29	1
4	46	46	952	Libby/Donna/Nadeena Cres Choir	Bilbys	58:12	8:29	10:48	126	10	27:08	15	2	20:16	99	7
5	63	63	956	Dianne/Helen/Julie Bourke/Baird/Johnston		59:59	10:16	9:51	84	6	28:51	25	3	21:17	125	9
6	64	64	951	Lynne/Sheila/Di The Admiral's Cat	FIT	1:00:00	10:17	10:30	119	8	29:41	40	4	19:49	88	6
7	67	67	954	Zoe/Debbie/Ella Cameron	Bilbys	1:00:06	10:23	8:03	21	4	33:44	105	9	18:19	52	4
8	82	82	959	Annie/Annie/Celene Lydon Black		1:01:50	12:07	10:12	104	7	34:06	107	10	17:32	39	3
9	90	90	958	Trisha/Erin/Erin George	FIT	1:02:32	12:49	8:41	42	5	30:41	61	6	23:10	148	10
10	97	97	960	Meredith/Helen/Vanessa Last Minute		1:03:19	13:36	10:45	124	9	31:49	75	7	20:45	110	8



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W U 20 Mini : 3 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	1	1	171	Brigitte Gasson		33:51		3:42	1	1	17:25	3	1	12:44	3	2
2	5	5	2	Jessica McMahon		37:06	3:15	4:22	6	3	21:06	21	3	11:38	1	1
3	7	7	1	Gabrielle Dufty		37:42	3:51	4:21	5	2	19:52	12	2	13:29	4	3



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W 20-24 Mini : 3 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	3	3	215	Rowena Hodges	Tridents	35:07		4:37	9	3	16:43	2	1	13:47	5	1
2	8	8	33	Alexa Ridgway	Bilbys	37:47	2:40	4:15	3	1	19:11	9	3	14:21	7	2
3	9	9	32	Julia Booth		37:53	2:46	4:17	4	2	18:14	5	2	15:22	11	3



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W 25-29 Mini : 6 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	4	4	57	Christine Thurl	Bilbys	35:29		4:43	11	2	15:58	1	1	14:48	9	1
2	10	10	53	Siobhan Hennessy		39:41	4:12	4:38	10	1	19:06	8	2	15:57	13	3
3	12	12	52	Karen Hall	Bilbys	40:33	5:04	5:21	25	4	19:16	10	3	15:56	12	2
4	22	22	56	Rebecca Devitt		43:36	8:07	4:52	15	3	19:22	11	4	19:22	31	6
5	27	27	54	Karlene McLean	Bilbys	47:10	11:41	6:06	32	5	21:59	24	5	19:05	30	5
6	29	29	55	Anh Huynh	FIT	48:18	12:49	8:18	37	6	23:44	30	6	16:16	15	4



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W 30-34 Mini : 15 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	2	2	77	Richelle Turner	Tridents	34:18		4:35	8	3	17:55	4	1	11:48	2	1
2	6	6	83	Brittany Robbins		37:17	2:59	3:50	2	1	18:37	6	2	14:50	10	3
3	14	14	79	Jacqui Corbett	Vikings	41:13	6:55	4:44	12	4	22:32	26	10	13:57	6	2
4	15	15	85	Therese Maher		41:47	7:29	4:48	14	6	20:32	16	4	16:27	17	5
5	17	17	84	Tanya Barden		42:04	7:46	5:05	19	9	20:34	17	5	16:25	16	4
6	19	19	75	Sandra Kershaw	Bilbys	43:13	8:55	5:08	20	10	20:08	14	3	17:57	26	11
7	20	20	74	Leonie Hodsdon	FIT	43:20	9:02	4:28	7	2	20:59	20	7	17:53	25	10
8	21	21	80	Kelly Ralston		43:23	9:05	4:54	17	8	20:48	19	6	17:41	23	9
9	22	22	81	Julie Swords		43:36	9:18	4:52	15	7	21:42	23	9	17:02	21	8
10	24	24	78	Fiona Poole		43:50	9:32	5:26	26	12	21:32	22	8	16:52	20	7
11	26	26	82	Sally Cooper		46:27	12:09	4:47	13	5	22:39	27	11	19:01	28	12
12	28	28	71	Sophia Farrington	FIT	47:24	13:06	5:54	31	13	24:39	31	12	16:51	19	6
13	33	33	73	Alana Baird	FIT	54:56	20:38	5:10	21	11	26:17	32	13	23:29	33	13
14	35	35	87	Maggie Kauffman		1:03:04	28:46	6:24	33	14	27:44	35	15	28:56	36	14
15	36	36	86	Alice Ramsay		1:03:06	28:48	6:26	34	15	27:36	34	14	29:04	37	15



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W 35-39 Mini : 3 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	11	11	93	Leah Moore	Tridents	40:01		5:13	23	2	18:44	7	1	16:04	14	1
2	31	31	92	Tempe Archer		51:12	11:11	5:10	21	1	27:14	33	2	18:48	27	2
3	34	34	91	Donna Johnstone	FIT	58:39	18:38	5:19	24	3	29:32	36	3	23:48	34	3



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W 40-44 Mini : 3 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	16	16	111	Kaylee Bryant		41:52		5:27	27	2	19:55	13	1	16:30	18	1
2	18	18	113	Geraldine Cusack		42:48	0:56	5:00	18	1	20:29	15	2	17:19	22	2
3	37	37	112	Carol Skinner		1:03:12	21:20	5:51	30	3	31:19	37	3	26:02	35	3



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W 50-54 Mini : 2 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	25	25	132	Kyrsia Szkiela		45:41		5:27	27	1	22:24	25	1	17:50	24	1
2	32	32	131	Bea Brickhill	FIT	52:50	7:09	6:29	35	2	23:30	29	2	22:51	32	2



Canberra All Womens and Girls Triathlon

Yarralumla Bay : 22 Feb 2004 : 202 Athletes



Category Results

Short Course : W 55-59 Mini : 2 Athletes

Placings			Athlete		Club	Final Time		Swim			Ride			Run		
Cat	O/All	Sex	No.	Name		Total	Diff	Time	PI	C.PI	Time	PI	C.PI	Time	PI	C.PI
1	13	13	142	Anna Booth		40:52		5:31	29	1	20:43	18	1	14:38	8	1
2	30	30	141	Leigh Cupitt	FIT	48:57	8:05	6:35	36	2	23:19	28	2	19:03	29	2